

## Positive Alternatives 2016 - 17 Quarterly Update

**Grantee (Name and City):** Face to Face, St. Paul

**Contact:** Melissa Peterson

**Phone and Email:** 651-772-5578, petersonm@face2face.org

**Goal:** To support, encourage, and assist young women in carrying their pregnancies to term and in caring for their babies after birth.

**For the period/quarter:** July – September 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Provide ongoing supervision and guidance of grant staff Ensure reporting and evaluation activities are completed.		Prenatal case managers, nursing staff, and nurse practitioners meet on a weekly basis to discuss continuity of care, centering pregnancy, and best practices for prenatal clients. Case consultations occur for clients as needed. Grant budget meetings occur regularly. The Clinic Operations Manager meets with the case management team weekly to discuss progress toward goals and data management.	
<b>Outreach</b>	Prepare and distribute wallet-sized cards describing Connect program.		Women who have positive pregnancy tests at Face to Face are given information about prenatal care and the Connect prenatal case management program. Anyone with a positive pregnancy test is contacted by a case manager on the Connect team and encouraged to seek prenatal care. Connect cards are also distributed in the community through our Health Education Department at outreach events.	

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Car Seat Program</b>	Provide Car Seat Safety Education and car seat.	10	Car seat safety education was conducted during visits and car seats distributed to clients in need.	17
<b>Case Management Services</b>	<p>Provide support to young women throughout pregnancy (in one-on-one and Centering Pregnancy® group encounters) and for up to one year after the birth of their baby.</p> <p>Provide assessment, referral and help securing Necessary Services.</p> <p>Provide home visits for clients who have missed prenatal care visits.</p>	450	<p>This quarter Face to Face case managers conducted 684 case management visits with prenatal and postpartum patients (up to 1 year postpartum). We are serving more women than ever before and are pleased with this progress considering we were short two Case Managers due to staff transition.</p> <p>We interviewed prospective Case Managers and hired one to start in October.</p>	684
<b>Crib Distribution/ Sleep Safety Education</b>	Provide Sleep Safety education and coordinate with Cradle of Hope to distribute a crib to client.	25	Our Case Managers provided individual sleep safety education in our clinic and during home visits. We continue to work with Cradle of Hope to distribute cribs to clients.	20
<b>Financial Assistance</b>	Provide assistance in completing applications for financial assistance: includes public health insurance programs, MFIP, emergency assistance, energy assistance, WIC and	75	This quarter, 105 clients received financial assistance, including insurance, MFIP, Childcare, emergency assistance, SNAP, and WIC. Clients also received assistance from Face to Face in the form of diapers, wipes, or food assistance (noted as separate goals in the work plan).	105

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
	other food support, and material support from other agencies (cribs, diapers, etc.).			
<b>Housing Assistance</b>	Provide emergency rent assistance to expectant or new mothers to avoid becoming homeless or to gain housing.	9	8 clients received emergency rent assistance this quarter. This has been an important resource to assist in accessing housing and increasing stability of expectant and new mothers.	8
<b>Material Support</b>	Provide baby diapers, maternity and baby clothes to pregnant and parenting women.	48	We were able to provide resources to more pregnant and parenting women due to baby supply and clothing drives conducted by community groups. These resources greatly expanded the number served.	82
<b>Mental Health</b>	Pre-natal and post-partum depression screening included in assessment. Case managers facilitate referrals to non-PA funded MH providers as needed.	60	51 women were screened for depression and 16 referrals were made to our on-site mental health providers.	51
<b>Nutrition</b>	Provide information on proper nutrition to each new client, including a written handout, as part of the group intake to prenatal care. Referrals and follow up are provided both in group intake and one on one visits.	45	We completed nutrition education with 42 new mothers this quarter.	42
	Provide food bags, baby formula, and food gift cards.	75	Assistance in the form of food bags, food cards, and formula were provided 105 times this quarter.	105

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Parenting Education</b>	Provide two (2) parenting events per year including education on parenting-related topics.	25	There were no parenting events this quarter. We have begun contacting clients about our holiday gift program and are planning a holiday party for December.	0
<b>Pregnancy Education</b>	<p>Provide CenteringPregnancy prenatal care (60 visits per quarter) integrating medical care with pregnancy education and support; 6 groups starting per year / 10 sessions per group with 6 participants per group.</p> <p>CenteringPregnancy includes education and discussion on:</p> <ul style="list-style-type: none"> <li>• Management of discomforts of pregnancy</li> <li>• Relaxation/stress management</li> <li>• Labor and delivery</li> <li>• Families and relationships</li> <li>• Newborn care</li> </ul>	60	<p>The Case Manager who was our certified Centering Pregnancy group leader left the staff and we did not conduct group sessions. During this time period, Case Managers met one-on-one with women to provide education in collaboration with our medical team.</p> <p>We are discussing if we will continue with the Centering Pregnancy program and have new staff certified. We are also considering other programs and options for group education.</p>	0
<b>Pregnancy Testing</b>	Provide pregnancy testing at SafeZone, a resource center for youth experiencing homelessness, to provide assessment of program eligibility and help youth who gain medical care if needed. All	15	We have a Nurse Practitioner at our SafeZone clinic on Monday – Friday from 1:00 – 6:00 p.m. This is a walk-in/drop-in clinic and pregnancy testing is conducted any time. All clients receiving positive UPT tests at SafeZone are connected with prenatal care at the Arcade clinic or other clinic.	16

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
	youth who test positive for pregnancy will be evaluated for necessary services and linked to prenatal care at the Arcade clinic or another clinic of the young person's choice.			
<b>Prenatal Medical Care</b>	Provide CenteringPregnancy prenatal care (60 visits per quarter) integrating medical care with pregnancy education and support; 6 groups starting per year / 10 sessions per group with 6 participants per group.	60	The Case Manager who was our certified Centering Pregnancy group leader left the staff and we did not conduct group sessions.  We are discussing if we will continue with the Centering Pregnancy program and have new staff certified. We are also considering other programs and options for group education.	0
	Provide individual prenatal care visits (240 per quarter) for OB History visit, initial OB visit, and at other times -- for young women who opt out of CenteringPregnancy.	240	We exceed our goal for prenatal care visits even with the suspension of the Center Pregnancy program.	321
<b>Provide Necessary Services to all clients</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	45	We provided intake assessments for 42 new OB clients this quarter.	42

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Provide Necessary Services Assessments Only</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	1	Three clients completed and intake assessment and did not have any additional services at Face to Face.	3
<b>Transportation</b>	Provide taxi rides or bus fare for clients to get to appointments.	40	We provided transportation assistance to 81 clients in the form of cab fare and bus tokens. These number continue to rise and we are assessing ways to help more women to utilize transportation assistance through their health insurance when available.	81

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	17
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	NA
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	NA
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	NA
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	20
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	NA

**Challenges:** Our challenge this quarter was managing caseloads due to the loss of two Case Managers and the Case Manager Supervisor. Our team did an amazing job of meeting needs and even increasing the number of women served in many areas of the work plan. In the next quarter, we expect to have a full team again.

**Comments:** Our holiday event is very popular among our clients and has become holiday tradition for many families. The excellent outcomes of the rental assistance funding shows how important it is to serve our prenatal and parenting women in a holistic manner. We continue to promote breastfeeding and see more and more women choosing to breastfeed as we educate and remove barriers to breastfeeding.

We would be interested in receiving any child abuse prevention and abusive head trauma educational materials available from MDH.

Our new part-time OB RN is a certified car seat safety instructor and we are discussing ways to utilize her skills in our program.